



## **Mental Health Services List of Resources - 2008 Montgomery County, Maryland**

Compiled by:  
Georgetown Center for Trauma and the Community  
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### **Montgomery County Crisis Center**

24-hour Crisis Line: 240-777-4000  
TTY: 240-777-4815  
Sexual Assault Crisis Line - 240-777-1355  
Abused Persons Crisis Line - 240-777-4210  
Mobile Crisis Team - 240-777-4000,  
Administrative Office- 240-777-4190 (Monday-Friday 9am-5pm)  
Fax- 240-777-4800  
8 AM-Midnight, 7 Days a Week

1301 Piccard Drive, First Floor  
Rockville, MD 20850

- Call or walk-in 24 hours a day, 7 days a week.
- Free for people living in Montgomery County with a mental health crisis.
- Non-English speakers can request a translator.
- Services include mental health evaluation, critical incident stress management, alternatives to psychiatric hospitalization, suicide prevention, help for homeless, response to domestic violence, including sexual assault, evaluation and stabilization.

### **Mental Health Association of Montgomery County**

301-424-0656  
301-738-1030 (Fax)  
www.mhamc.org / Email: [info@mhamc.org](mailto:info@mhamc.org)

- Information and Referral, Montgomery County Hotline at 301-738-CALL (2255)
- Offers a variety resources in the community related to mental health and for persons and families affected by mental illness.

### **County Mental Health Clinics**

- Both Silver Spring Adult Behavioral Health Services and Threshold Services Mental Health Clinic provide individual, family, and group therapy, and medication.
- Treatment is available to all Montgomery County residents.
- Medicare, Medicaid, and MAPS-MD insurance are accepted.
- Cost of treatment is based on your income.
- Must call this phone number to get services at these 2 clinics - 240-777-1770
- Monday-Friday, 8:30am-5:30pm

### **Silver Spring Adult Behavioral Health Services**

240-777-1323

2424 Reedy Drive 3<sup>rd</sup> Floor Wheaton, MD 20902

- They speak several languages, including Spanish, Vietnamese, and French.

### **Threshold Services Mental Health Clinic**

301-563-7000

8818 Georgia Ave., 2nd Floor Silver Spring, MD 20910

751 Twin Brook Parkway, Rockville, MD 20852

- Spanish speaking staff is at each location.
- Open Monday-Friday 9am-5pm.

### **Private Mental Health Clinics**

#### **Washington Assessment and Therapy Services**

301-588-8881

8737 Colesville Rd., Suite #700, Silver Spring, MD

12900 Middle brook Road, 2nd Floor, Germantown, MD (301-528-7927)

5900 Prince Georges Pkwy # 300, Lanham, MD 20706

- Provides individual, family, couples or group therapy, mental health evaluation, and medication.
- Spanish speaking staff at each location. The Silver Spring clinic has the International Counseling Support & Services program where they speak over 15 languages.
- WATS accepts most forms of insurance including Medicaid, and MAPS-MD.
- Cost of treatment is based on your income.
- A doctor or other health professional must fill out a form for you to get an appointment.

#### **Washington Pastoral Counseling Service**

301-681-3201

[www.wpcs.org](http://www.wpcs.org)

Main Office, Montgomery Hills Baptist, 9727 Georgia Ave, Silver Spring

First Baptist, 10914 Georgia Ave Silver Spring

United Methodist, 3425 Emory Church Road, Olney

United Methodist, South Glen Rd. & Falls Rd., Potomac

United Methodist, 112 West Montgomery Ave., Rockville

St Paul's United Methodist, 10401 Armory Ave., Kensington

- WPCS is an interfaith counseling organization that provides therapy to individuals with stress and life difficulties, including addictions, relationships, and abuse recovery.
- Therapy may be brief or longer term.
- To make an appointment, call the phone number listed above.
- Cost of treatment is based on your income and some insurance is accepted. Fee for service on a sliding scale.
- No one is refused service.
- Offers help with spiritual and ethical issues

### **Maps-MD**

1-800-888-1965

[www.maps-md.com](http://www.maps-md.com)

Maps-MD helps identify mental health benefits for people living in Maryland covered by the Medicaid and uninsured programs in the state. Special focus on dysthymia, bi-polar, anxiety and depression disorders. You must call the number above to ask for mental health services.

If you do not have Medicaid, you will be asked questions to see if you are eligible for "grey zone" coverage. If you answer, "Yes," to any of these questions, you may be eligible for mental health services.

- Have you been in the public mental health system in the last 2 years?
- Do you receive Maryland Pharmacy Assistance?
- Are you homeless in the state of Maryland?
- Have you recently been released from prison or jail?
- Have you been recently discharged from a Maryland-based psychiatric hospital or residential crisis service?
- Have you received orders of a conditional release from a hospital?